

Hand Hygiene Competency Evaluation

Soap & Water

Alcohol Based Hand Rub (ABHR) (60-95% alcohol content)

Type: Competency Demonstration

Orientation

Annual

Other

Employee Name: _____ Job Title: _____ Date: _____

Hand Hygiene with Soap and Water	Competent	
	YES	NO
Wash		
1. Checks that sink areas are supplied with soap and paper towels		
2. Turns on faucet and regulates water temperature		
3. Wets hands and wrists, and applies enough soap to cover all surfaces of hands		
4. Wash hands, use friction to work up lather for 10-30 seconds		
5. What hands, wrists, between fingers and under nails		
Rinse		
1. Do not touch inside of sink		
2. Rinses thoroughly keeping fingertips pointed down		
3. Do not shake off excess water		
Dry		
1. Dry wrists and hands and discard paper towel		
2. Use clean paper towel to turn water off		

Hand Hygiene with ABHR	Competent	
	YES	NO
1. Applies enough product to adequately cover all surfaces of hands		
2. Rubs hands including palms, back of hands, between fingers until all surfaces are dry ~ This should take around 20 seconds		

Verbal Quiz	Answers
1. Most effective products for reducing the number of germs on the hands of healthcare providers? (Soap & Water or ABHR)	ABHR
2. What do you use if your hands are visibly dirty, before eating, and after using the restroom? (Soap & Water or ABHR)	Soap & Water
3. What do you use after caring for a person with known or suspected infectious diarrhea or exposure to spores (e.g. C. difficile)?	Soap & Water

Give 8 examples of when you should you use hand sanitizer.

- | | | |
|----------------------------------|--|-------------------------------|
| __ Before beginning work | __ Before performing an aseptic task | __ Before resident care |
| __ After resident care | __ Before handling medication | __ After handling medications |
| __ Before putting on gloves | __ After taking off gloves | __ After touching environment |
| __ Between soiled to clean tasks | __ After any contact with contaminated objects | |

Comments or follow-up actions: _____ __ Passed __ Failed

Employee Signature _____ Evaluator Signature _____